

## Logistics Mover/Helper

As a movers you will be responsible for Loading and unloading vehicles containing household goods, office furniture or other goods in a safe and careful manner.

### Essential Functions Statement(s)

- Assists the driver in the inspection of the truck assigned for noted damages, flat or worn tires and travel worthiness.
- Assists in the preparation of vehicle before leaving warehouse to assure that all equipment and materials are on vehicle and secured for travel.
- Possess the ability to properly and safely lift, pack, load/unload the vehicle using cartons, bins, moving crates, dollies and carts to relocate contents, furnishings, and electronics to the appropriate location.
- Writes complete and accurate inventory of household contents, office furniture or other goods when required.
- Assists in any capacity as directed by the supervisor or crew leader on the assigned job.
- Assists the operations and warehouse in any function, as directed by the dispatcher or warehouse manager.

### POSITION QUALIFICATIONS

- Must be able to pass a Criminal Background Check and Drug Test
- Language Skills - Must be able to speak and understand instructions in English.
- Citizenship - Must be authorized to work in the United States
- Enthusiastic - Ability to bring energy to the performance of a task.
- Friendly - Ability to exhibit a cheerful demeanor toward others.

### Education and Experience:

High School education or GED equivalent

One to three months related training.

### Interstate offers the following benefits:

- Paid vacation and sick leave
- Paid Training & Orientation
- Company paid life insurance
- Health and dental insurance
- Gym Membership (Onelife Fitness)
- 401K contribution - Matching
- Tuition assistance
- Plus more!

**About Us:**

Interstate is a growing company in need of talent to join us in the Moving Industry. The Interstate Family of Companies encompasses a worldwide group of transportation, warehousing, relocation management, logistics and real estate solutions serving government, corporate, and individual clients

**What Interstate Moving Will Offer You:**

Career Growth: Many of our entry-level employees become leaders CDL drivers (Paid CDL Training), operations and other areas. We promote from within based on potential not seniority.

Earn more: You can expect a competitive wage, annual raises, internal promotions. We have year-round work for guaranteed hours. Plus a referral program to make extra money working with a buddy.

Perks/Benefits: Our range of benefits can include health care, dental and vision, employee discounts, discounted membership @OneLife Fitness nationwide, matching 401(k), paid sick time and vacation time off and more!